



Welcome to our March Newsletter! Luck o the Irish to ya! Spring is just around the corner, with Daylight Savings Time happening on the 8th. We'll soon have winter behind us. Please take a moment to look over the newsletter and join us for anything that might interest you. All are welcome so bring a friend!



New! We have a new Alzheimer's Support group meeting on the first and fourth Wednesday's of the each month at the office at 409 Collinsville Rd. We'll meet on the 4th and 25th in March. No charge to attend. If you or some one you know could use some extra support living with this disease, join us! The best support often comes from others dealing with the same issues.



Our next Monthly Luncheon is March 5th at NOON at Wiesemeyer. We are serving bratwurst, roasted red potatoes, and cabbage with dessert. \$10 at the door. RSVP IS VERY IMPORTANT! Last day to RSVP is Friday Feb. 27th. If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022 and let us know! Many Thanks!



Drum Fun continues every Friday at 9 AM at the skating rink.! Lisa Edwards leads the group, and it's more fun than ever! Free to participate. No talent needed! 😊 ! Thank you, Lisa! Drummers unite!



Shoot the Breeze continues on Monday's at 11:30 at Wiesemeyer. Shoot the Breeze is just that, a time to get together and chat! You are welcome to bring a sack lunch, and catch up with friends. We have also added a Swap Table! Bring gently used, clothing, household goods, decorations etc. to donate to anyone who wants it. Take something, leave something! Of note: YOU MUST TAKE ANYTHING THAT IS NOT TAKEN BACK HOME WITH YOU!



We play Hand and Foot the second and third Thursdays of the month. In March we'll play on the 12th and the 19^h from 12:45 – 3:30 pm at the office building. No experience needed! Free to play. Come one come all!



Our Sit n Get Fit Class meets every Wednesday at 10 AM at the Wiesemeyer building. This class improves strength and flexibility, all in a fun inviting setting! We even exercise to the Beer Barrel Polka! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. THIS CLASS IS FREE! No RSVP required.



Pokeno is Wed. the 18th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. You do not need to know how to play. Cambridge House of Maryville has agreed to provided snacks for the all of 2026! THANK YOU TO ANGIE!



Food and Friends is Feb. 25th at 4 PM. Location will be voted on at the February dinner. RSVP is a must! Call the center at 618.667.2022 to RSVP.



BUNCO is played the last Thursday of the month at Wiesemeyer, our next game is March 26th at 1 PM at Wiesemeyer. Seats are currently full; however, we are looking for additional subs. Please call the center to get on the waiting or sub list. 618.667.2022



Overnight Trips 2026

May 18 – 23 - Biloxi and New Orleans. A deposit of \$75 can be made now to hold your seat. Limited seating available.

September 20- 26 - Garden of the Gods, Royal Gorge, Colorado Springs



Day Trips 2026

Thank you to those who serve on our Day Trip Committee. We have a great line up of day trips planned for 2026. Details will follow as the time gets closer. Details are subject to change as the year goes on.

You may take a number as soon as 9 am on the first date of ticket sales for any day trip. NO EARLY SALES. Two tickets per person max.

March 11th - The Price Is Right, The Factory, Chesterfield. This trip is currently full, please call to join the waiting list.

May – Warm Springs Ranch Boonville MO. Planning underway.

July – Grizzlies Game

October – Stages St. Louis, "Come from Away"

December – The Fox – Will decide based on their December schedule later in the year

If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office, my door is always open! If not at the office you can always leave a message at 618.667.2022 and I will get back with you as quick as I can!

Wanda Todoroff

Activity Director 618.667.2022

