

Welcome to our November Newsletter! We are headed straight into the holidays! Time flies when you are having fun! I want to take a moment to say how very thankful we are for each and everyone of you. We are so grateful for your support and friendship. You brighten our days, and we are proud to call you friends! Happy Thanksgiving to all!

Join us when you can, and don't forget to invite friends!

Our next Monthly Luncheon is November 6<sup>th</sup> at NOON at Wiesemeyer. We have the SAFB Airlifter Brass Band here to celebrate Veterans Day! You won't want to miss this one! We are serving turkey, hashbrown casserole, corn, cranberry sauce, with pumpkin or pecan pie for dessert. \$10 at the door. RSVP IS VERY IMPORTANT! If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022 and let us know! Many Thanks!

Our Next DQ "Funraiser" is November 13<sup>th</sup> from 3-8 pm at Troy Dairy Queen.. Come on out, for good food and good friends! 20% of proceeds benefit the center! Thank you to our good friend Lisa Pashea manager at Dairy Queen.

Drum Fun continues every Friday at 9 AM! Lisa Edwards leads the group, and it's more fun than ever! Free to participate. No Drum Fun the day after Thanksgiving. No talent needed! (3)! Thank you, Lisa! Drummers unite!

Bingo continues every Monday at 12:30 at Wiesemeyer. We'll have a light snack and there is no cost to play, and no RSVP required.

We play Hand and Foot the second and third Thursdays of the month. In November we'll play on the 13th and the 20th from 12:45 – 3:30 pm at the office building. No experience needed! Free to play. Come one come all!

Our Sit n Get Fit Class meets every Wednesday at 10 AM at the Wiesemeyer building. This class improves strength and flexibility, all in a fun inviting setting! We even exercise to the Beer Barrel Polka! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. THIS CLASS IS FREE! No RSVP required.

Pokeno is Wed. November 19th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. You do not need to know how to play. Cambridge House will be providing snacks for all of 2025! THANK YOU TO ANGIE at CAMBRIDGE HOUSE IN MARYVILLE!



NO FOOD and FRIENDS this month due to the Thanksgiving holiday!

NO BUNCO IN NOVEMBER or DECEMBER due to the holidays! BUNCO is played the last Thursday of the month at Wiesemeyer, our next game is January 29<sup>th</sup> at 1 PM at Wiesemeyer. (Can you believe it?) Seats are currently full; however, we are looking for additional subs. Please call the center to get on the waiting or sub list. 618.667.2022



Sunday December 7th 2025 - Effingham Performance Center to see Lonestar and Collin Raye's Christmas show. We will have lunch at Niemerg's Steak House in Effingham. <u>Tickets go on sale Monday Nov. 3rd at 10 am.</u> \$100 per person, includes ticket, dinner at Niemerg's Steak House in Effingham, and bus transportation. One person may not purchase more than 2 tickets. No refunds on tickets, all gratuity included.

Day Trips 2026 will be planned soon! Looking forward to sharing more fun with you in 2026!

If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office, my door is always open! If not at the office you can always leave a message at 618.667.2022 and I will get back with you as quick as I can!

Wanda Todoroff Activity Director 618.667.2022