



JANUARY

Happy New Year to all! Wishing you all that is good as we roll in to the New Year! Please take a minute to look over the calendar and newsletter, we have a few changes and additions. The center is closed on New Years Day, and on the 20th for MLK Day. Join us when you can, and don't forget to invite friends!

Thanks as always for making our center a fun place to be! YOU make the difference!

 **DONATION DRIVE!** It's that time of year again! Your donations are what make the difference at the Troy Senior Center! We are able to offer FREE quality events and reduced cost day and overnight trips because of you! In the past we have accepted annual dues. We now request an annual donation to help support the center. The suggested donation is \$10 per person for the year. Donations can be made by check or cash. Checks are payable to JTSC. Donations can be mailed or dropped off at the center at 409 Collinsville Rd. here in Troy. Hours are generally Mon. Wed. Thurs. 9 am till 2 PM. No one should feel obligated to donate! All donations, small or large are appreciated! Thank you for helping all seniors live their best lives! Call the center with questions! 618.667.2022

 **NO LUNCHEON IN JANUARY!** Our next Monthly Luncheon is February 6th at NOON at Wiesemeyer. We have THE NITPICKERS entertaining! We're serving chicken and dumplings, green beans and bacon, fried apples and dessert. \$10 at the door. RSVP IS VERY IMPORTANT! If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022, and let us know! Many Thanks!

 Drum Fun is on Friday's at 9 AM through the colder months. Lisa Edwards is our leader!! Thank you, Lisa! Bring a friend! ALL ARE WELCOME! This seated session is perfect for music lovers who want to have a good laugh and improve and maintain upper body strength and mobility. This class is FREE! NO RSVP required! Join us!

 No Bingo on the 20th, otherwise, Bingo continues every Monday at 12:30 at Wiesemeyer. We'll have a light snack and there is no cost to play, and no RSVP required.



NO Sit N Get Fit on New Years Day, otherwise, "Sit n Get Fit" Class meets every Wednesday at 10 AM at the house. This class improves strength and flexibility, all in a fun inviting setting! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. THIS CLASS IS FREE! Please RSVP to the office at 618.667.2022. If you forget to RSVP, come anyway, we'll make it work!



Pokeno is Wed. January 15th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. Gary and Sharon Koenig are sponsoring this month's game! Thanks to the Koenig's! Cambridge House will be providing snacks for all of 2025! THANK YOU TO ANGIE at CAMBRIDGE HOUSE IN MARYVILLE!



FOOD and FRIENDS will be gathering this month on the 29th at 4 PM at Jade Buffet in Collinsville! Separate checks as always, bring a friend, and we'll share all the news that is news! RSVP is a must!! Call the center at 628.667.2022 to RSVP.



BUNCO is on January 30th at 1 PM at the house. Seats are currently full, call the center to get on the waiting or sub list.

Tentative Day Trips 2025

March – All About Springfield Illinois! Bus, several Lincoln stops, lunch at Golden Corral and a step on guide all included.

May – Bellefontaine Cemetery, in STL. Coolest cemetery around! Lots of famous people buried there, and a beautiful arboretum to boot!

August – Maybe a Shawnee Wine Trail Day

October – Stages, to see Carol King's musical, "Beautiful."

December 2025 – Wildey Theater to see White Christmas.

I'm working hard on our 2025 calendar! If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office at the "house" my door is always open! If not at the "house" you can always leave a message at 618.667.2022 and I will get back with you as quick as I can! Happy Holidays to all! I hope Santa is good to you!

Wanda Todoroff Activity Director 618.667.2022

