

Welcome to our December Newsletter! Happy Holidays to you and your families! Wishing you all that is good as we roll in to the New Year! Please take a minute to look over the calendar and newsletter, we have a few changes and additions. Join us when you can, and don't forget to invite friends!

Thanks as always for making our center a fun place to be! YOU make the difference!

This month we will be collecting donations for Sleep In Heavenly Peace. This organization donates beds and bedding to children who would otherwise be sleeping on the floor. All building supplies and bedding are donated by people like you, and we have a local chapter in Maryville. All beds are delivered and assembled by local volunteers. Let's help ALL children have a safe comfortable place to Sleep in Heavnely Peace! Checks can be made out to JTSC, cash is accepted as well. You can donate at any senior event, or mail your donation to the center at 409 Collinsville Rd. Troy, Il 62294. Thank you, and Merry Christmas!

Our next Monthly Luncheon is December 5th at NOON at Wiesemeyer. We have Elizabeth LaKamp entertaining and Mr. and Mrs. Santa will pay us a visit We are serving fried chicken, macaroni and cheese, Carol's famous salad, a dinner roll, with gourmet cupcakes for dessert. \$10 at the door. RSVP IS VERY IMPORTANT! If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022, and let us know! Many Thanks!

There will be NO DRUM FUN on Dec. 27th due to the holiday, otherwise, Drum Fun will be on Friday's at 9 AM through the colder months. Lisa Edwards is back to lead the group!! Thank you, Lisa! Bring a friend! ALL ARE WELCOME! This seated session is perfect for music lovers who want to have a good laugh and improve and maintain upper body strength and mobility. This class is FREE! NO RSVP required! Join us!

Bingo continues every Monday at 12:30 at Wiesemeyer. We'll have a light snack and there is no cost to play, and no RSVP required.

No Sit N Get Fit Christmas Day, otherwise, "Sit n Get Fit" Class meets every Wednesday at 10 AM at the house. This class improves strength and flexibility, all in a fun inviting setting! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. THIS CLASS IS FREE! Please RSVP to the office at 618.667.2022. If you forget to RSVP, come anyway, we'll make it work!

Pokeno is Wed. December 18th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. Cambridge House will be providing snacks for all of 2024! THANK YOU TO ANGIE at CAMBRIDGE HOUSE IN MARYVILLE!

NO FOOD and FRIENDS gathering this month! See you Jan. 29th at Jade Buffet in Collinsville.

NO BUNCO gathering this month! We will see you on January 30th at 1 PM at the house.

Tentative Day Trips 2025

March – All About Springfield Illinois! Bus, several Lincoln stops, lunch at Golden Corral and a step on guide all included.

May – Bellefontaine Cemetery, in STL. Coolest cemetery around! Lots of famous people buried there, and a beautiful arboretum to boot!

August - Maybe a Shawnee Wine Trail Day

October - Stages, to see Carol King's musical, "Beautiful."

December 2025 - Wildey Theater to see White Christmas.

I'm working hard on our 2025 calendar! If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office at the "house" my door is always open! If not at the "house" you can always leave a message at 618.667.2022 and I will get back with you as quick as I can! Happy Holidays to all! I hope Santa is good to you!

Wanda Todoroff Activity Director 618.667.2022